

## Theme 2: Para sports

### Unit 2: Let's play the Para sport of sitting volleyball

#### Independent, pair or team evaluation quiz

No	Question	Answer
1	Why is the game called sitting volleyball?	Players must have their pelvis in contact with the floor throughout the game, except in extreme defensive situations.
2	What is the aim of the game?	To stop the ball from hitting the floor on your side of the court.
3	How does the game begin?	With a serve where a player hits the ball over the net.
4	Name four of the moves in sitting volleyball	Serve, pass, set, spike, block, dig
5	How does a team win a point?	A point is won each time the ball hits the opposing team's side of the court.
6	How many sets does a team have to win in order to win the game?	3
7	How many players per team are permitted on court at any one time?	6
8	How many passes are teams allowed before the ball must go over the net?	3
9	What is the role of the libero?	Back row, defensive player skilled in digging the ball.